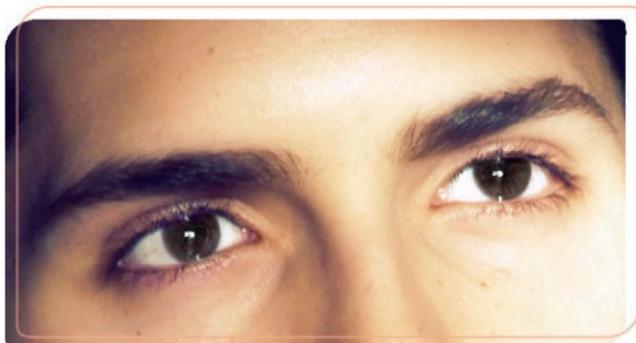


Cosmetic Eyelid Surgery



Plastic Surgery @ it's Best

درماپلاست
dermaplast
مستشفى الدكتور طارق
DR. TARIQ HOSPITAL

www.dermaplast.com.bh

Welcome to dermaplast

The single most important factor in the success of aesthetic (cosmetic) surgery is the surgeon you select and his team.

Dr. Tariq Saeed is the renowned Bahraini, Plastic, Aesthetic and Laser surgeon who has been in plastic surgery practice since 1983 and trained in Ireland, UK and the USA. Dr. Tariq holds fellowships in surgery from both the Royal College of Surgeons in Ireland and Edinburgh. He holds higher Fellowships in Plastic Surgery from Ireland and the University of Miami in the USA. Dr. Tariq is an assistant professor of Surgery at the Arabian Gulf University in Bahrain and is an external examiner for the Royal College of Surgeons in Ireland. Dr. Tariq is a founding member and past president of the GCC Association of Plastic Surgeons and also a founding member and the Past President of the Pan Arab Association of Burns & Plastic Surgery along with his membership of international medical societies including international membership of the American Society of Plastic Surgeons, American Society for Aesthetic Plastic Surgery, and International Society of Aesthetic Surgery.

Dr. Tariq regularly attends regional and international congresses to share his vast experience with colleagues and to evaluate and introduce proven and successful new treatment regimes for his patients.

Dr. Tariq's team consists of fully qualified plastic surgeons and dermatologists who have undergone rigorous training in Plastic, Reconstructive Surgery and Dermatology in addition to their continuous training and upgrading of skills under the direction of Dr. Tariq himself.

Dr. Tariq and his team have extensive experience in performing the aesthetic procedures explained in this booklet. If you decide on surgery, you can be assured that our entire staff will provide you with the highest quality medical care.

WHAT IS EYELID SURGERY?

Cosmetic eyelid surgery, technically called blepharoplasty, is a surgical procedure to improve the appearance of the upper eyelids, lower eyelids, or both. Specifically, eyelid surgery can treat:

- Loose or sagging skin that creates folds or hides the natural contour of the upper eyelid.
- Excess skin that hangs down from the upper eyelid, sometimes impairing vision.
- Excess fatty deposits that appear as puffiness in the upper eyelids.
- Bags under the eyes.
- Droopiness of the lower eyelids, showing white below the iris.
- Excess skin and fine wrinkles of the lower eyelid.

These conditions typically appear as part of the natural aging process, may be hereditary. Where they are the hereditary, individuals as young as their 20s and 30s may achieve a marked improvement in the appearance of their eyes through eyelid surgery. Eyelid surgery removes excess skin, eliminates bags and restores firmness to the area surrounding the eye, making you look more rested and alert.

Most commonly, eyelid surgery is performed on adult men and women who have healthy facial tissue and muscles and have realistic goals for improvement of the upper and/or lower eyelids and surrounding area. Good candidates are:

- Healthy individuals who do not have a life-threatening illness or medical conditions that can impair healing.
- Non-smokers.
- Individuals with a positive outlook and specific goals in mind for improvement through eyelid surgery.

In addition, the following medical conditions are essential to disclose if you are considering eyelid surgery:

- Eye disease such as glaucoma, dry eye or a detached retina
- Thyroid disorders such as Graves' disease and under or over active thyroid
- Cardiovascular disease, high blood pressure or other circulatory disorders or diabetes

WHERE DO I BEGIN?

A consultation with our plastic surgeons is the first step to learn how eyelid surgery can improve the appearance of your eyelids and the surrounding region. A consultation is designed to fully educate you about eyelid surgery in a non-pressured environment, and will include:

- A discussion of your goals and an evaluation of your individual case.
- The options available for eyelid surgery.
- The likely outcomes of surgery and the potential risks and complications.
- The course of treatment recommended by our plastic surgeons.

Our plastic surgeon will also answer your questions.

EVALUATION

Overall health and personal outlook can greatly impact the outcome of cosmetic eyelid surgery. These will be carefully evaluated in consultation with our plastic surgeons. The success of your procedure, safety and overall satisfaction requires that you:

- Openly share your expectations with our plastic surgeons
- Fully disclose health history, current medications, the use of vitamins, herbal supplements, alcohol, tobacco, and drugs
- Commit to following all of our plastic surgeons instructions precisely

SAFETY

By making the decision to consult with a plastic surgeon and following all the instructions given, you are taking an important step in assuring your safety.

Our plastic surgeons have completed surgical training and examinations in plastic surgery which uniquely qualifies them to perform cosmetic and reconstructive procedures of the face and entire body.

MY EYELID SURGERY

Like any cosmetic procedure, eyelid surgery requires an individualized approach. Our plastic surgeons will evaluate patient anatomy, the condition you wish to

have corrected, what is causing the condition and your realistic goals for improvement. Eyelid surgery can offer dramatic improvement in the upper and lower eyelids and surrounding regions. This degree of correction of drooping eyelids, puffiness or bags can only be achieved surgically, by repositioning muscle, redistributing fat that has settled into contours and when necessary by removing excess skin.

PREPARING FOR SURGERY

Our plastic surgeons will carefully explain the eyelid surgery procedure recommended for your specific case. Prior to surgery, you will be given specific instructions that may include:

- Pre-surgical considerations, diagnostic testing and medications.
- Day of surgery instructions and medications.
- Specific information related to the use of anesthesia.

In addition, you will be asked to sign consent forms to assure our plastic surgeon that you fully understand the procedure you will undergo and potential risks and complications. Risks associated with eyelid surgery include poor healing or infection at the incision site, temporarily blurred or impaired vision and dry eye. Difficulty closing your eyes is also possible, and usually temporary. Ectropion, a pulling down of the lower eyelid may occur in a small number of cases and is often temporary. These risks and others, as well as the risks associated with anesthesia will be discussed prior to your consent.

It is important that you address all your questions directly with our plastic surgeons. It is natural to feel some anxiety, whether excitement for the anticipated outcomes or preoperative stress.

Discuss these feelings with our plastic surgeons.

FOLLOWING SURGERY

Once your procedure is completed, lubricating ointment and cold compresses may be applied, and in some cases your eyes may be loosely covered with gauze. Before being released, you and an accompanying family member, friend or caregiver will be given specific instructions that may include:

- How to care for the surgical site.
- Medications to apply or take orally to aid healing and reduce the potential for infection.
- Specific concerns to look for at the surgical site or in overall health.
- When to follow-up with our plastic surgeons.

PROGRESS AND HEALING

Initial healing may include some swelling, bruising, irritation or dry eye and discomfort that can be controlled with medication, cold compresses and ointment. Irritation at the incision sites is also possible. These are all common conditions.

Our plastic surgeons will instruct you to keep your head elevated at all times until initial swelling has subsided and to wear sunglasses to protect your eyes from bright light, sun and wind. Follow all instructions carefully - this is essential to the success of your outcome. A return to light, normal activity is possible as soon as you feel ready, usually within a few days of surgery.

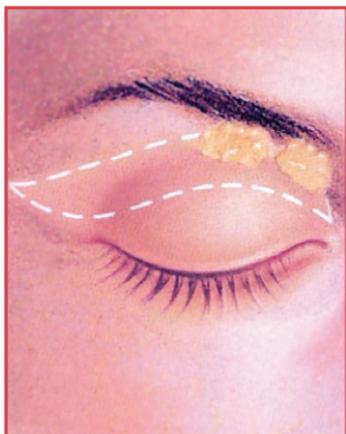
Healing of incisions may take 5 to 10 days at which time any sutures will be removed, if necessary. You will be ready to return to work and normal activity at this time, and to resume wearing contact lenses.

Cosmetics can camouflage any bruising or redness that remains. Healing will continue for several weeks as swelling continues to dissipate and incision lines improve. Diligent sun protection and consistent use of darkly tinted sunglasses is essential.

RESULTS AND OUTLOOK

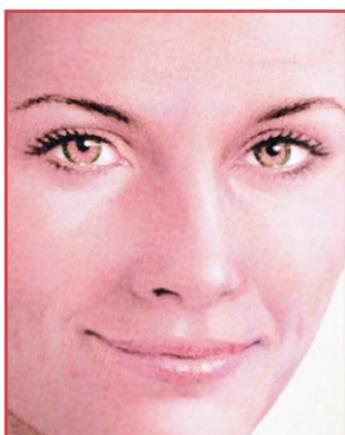
Your final results will appear over time, generally within several weeks. It may take up to a year for incision lines to fully refine. While eyelid surgery can be expected to correct certain conditions permanently, you will continue to age naturally. Life-long sun protection including the use of sunscreen and sunglasses will help to maintain your results.

The benefits of your surgery should reveal a smooth, firm contour of the upper and/or lower eyelids. What matters more is that the appearance of your eyes matches the way you feel inside - youthful, vital and alert.



Droopy conditions of the upper eyelid can be corrected through eyelid surgery. An incision within the natural crease of the upper eyelid allows repositioning of fat deposits, tightening of muscles and tissue, and/or removal of excess skin to create a firmer upper eyelid contour.

Conditions of the lower eyelid may be corrected using a transconjunctival incision, one hidden inside the lower eyelid. Through this incision, fat is redistributed or some fat may be removed, and sagging muscles are tightened. An incision just below the lower lash line is an alternate technique allowing for correction of lower eyelid conditions and removal of excess skin in the lower lid.



The incision lines from eyelid surgery are well concealed within the natural structures of the eyelid region. Results appear gradually as swelling and bruising subside to reveal a smooth, better-defined eyelid and surrounding region, and an alert and rejuvenated appearance.



Cosmetic eyelid Surgery

المواعيد Appointments

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To make an appointment للحصول على موعد الرجاء
please contact the above الإتصال بالأرقام الموضحة
numbers. أعلاه.

If you must cancel, we إذا أردت إلغاء الموعد
ask that you please الرجاء إخبارنا وذلك
notify us by telephone, بالإتصال هاتفياً أو إرسال
sms or e-mail as early as رسالة قصيرة أو عبر
possible. البريد الإلكتروني.



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